

## How to Use Our Program

Medical Case Management is offered to provide comprehensive, integrated medical and behavioral healthcare services. This function is important to promote collaboration among Medical, Behavioral and Recovery team members for person-centered health services. This collaboration may include different providers at multiple sites or locations.

### Qualifications include:

- You have a diagnosis of substance use or co-occurring mental health condition.
- You live in Dona Ana County.
- You demonstrate a need for services.

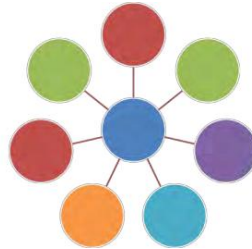
**Eligibility for these services must be established and maintained in order to meet agency, grant and/or insurance requirements.**

You are required to provide the following **upon enrollment** and **every 12 months** thereafter during a face-to-face meeting with your Medical Case Manager:

- Valid **Photo ID**
- Proof of **diagnosis** (only upon enrollment)
- Declaration of **housing status**
- Proof of **residency** in Dona Ana County
- Proof of **income or health insurance**
- Authorized consents for **release of medical information** to exchange among providers at different organizations

## Client Roles and Responsibilities

- Supply requested documentation (e.g., releases of information) in a timely manner
- Actively participate in the development of your care plan and work towards achieving the goals listed in it
- Keep your appointments with your NP/PA/MD and Medical Case Manager (MCM), including telephone support contacts and home visits



## Medical Case Manager Roles and Responsibilities

- Inform clients of available services
- Treat clients with dignity and respect
- Conduct regular client assessments
- Support each client in achieving the goals established in their care plan for recovery
- Inform client of all program policies, rules, and standards
- Create an open environment where client opinions and choices are valued
- Protect client confidentiality
- Support clients in adhering to medication and/or therapy treatment plans



AMADOR RECOVERY PROJECT  
Amador Health Center Annex  
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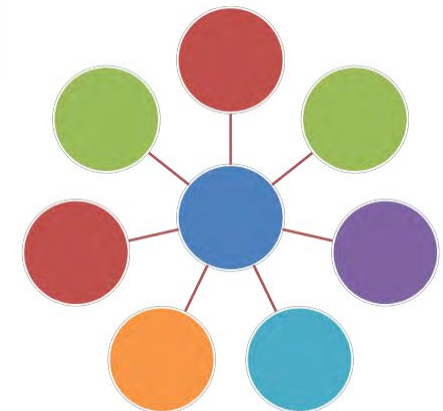
Mobile Helpline: **575.395.6953**

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[www.amadorhealth.org/resources/](http://www.amadorhealth.org/resources/)

## AMADOR HEALTH CENTER RECOVERY PROJECT

## Welcome to Medical Case Management



*Our goal is to serve people with substance use disorders by connecting them to the resources they need to access and remain in medical care to be healthy and independent.*

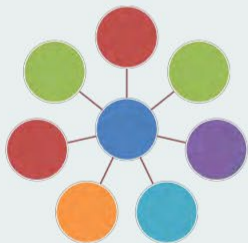
### What is Medical Case Management (MCM)?

Medical Case Management includes general case management, with a focus on filling gaps in resources that affect activities of daily living. MCM also supports positive health outcomes for persons in recovery related to alcohol or drugs by medication adherence and management along with other clinical aspects of the treatment plan.

### Goals of Medical Case Management

#### To assist clients to:

- Improve **overall health & well-being**
- Keep **clinic appointments**
- Take **medications** regularly
- Practice **self-care** with healthy habits



### Benefits of Medical Case Managers (MCM)

MCMs may attend medical appointments with you.  
MCMs may visit your residence to offer support, including directly observed therapy.  
MCMs have regular telephone check-ins to monitor your health status.  
MCMs are available in crisis situations.

### Medical Case Managers can help you access the following services:

