

## Amador Recovery Project Information Summary

The Amador Health Center (AHC) in Las Cruces is a federally qualified health center (FQHC) on the Mesilla Valley Community of Hope campus, where five (5) non-profits serve persons experiencing homelessness (PEH) along with other marginalized or disadvantaged low-income populations.

We have a SAMHSA/CSAT Grant for the Benefit of Homeless Individuals (GBHI), 2018-2023; the target population is persons experiencing homelessness (PEH), housing instability or at risk of such circumstances who have a substance use disorder (SUD).

Recovery support services (RSS) focus on substance use disorders (SUD) related to alcohol, opioid, and methamphetamine with a person-centered approach to recovery for an individualized mix and level of evidenced-based practices noted below; over 50% of clients have co-occurring MH/SUD conditions. The grant does not cover medical care or services, which is supported a federal HRSA grant.

The three program “pillars” are medication assisted treatment (MAT) with naltrexone and buprenorphine, case management, and counseling. There are multiple pathways to recovery. No single approach works for everyone. A person may try multiple MATs before finding right one. A better quality of life with more choices, control and change may be more important than abstinence.

Evidence-based practice (EBPs) for the grant are: harm reduction, SBIRT, MAT, supervised dosing with directly observed therapy (DOT), therapy/CBT, case management with field visits and telephone support, medical case management, contingency management, trauma informed care, peer support, and income/housing supports.

We also offer SMART Recovery meetings and acu-detox (ear acupuncture) sessions in our office.

The Amador Recovery Project (ARP) is integrated and collaborates with state and county level programs: State—Comprehensive Community Support Services (CCSS), harm reduction (syringe exchange, Narcan distribution), Linkages (permanent supportive housing) and SOAR (SSI/SSDI, Outreach, Access, & Recovery).

County- Jail diversion and jail release/reentry services, Assisted Outpatient Treatment (AOT).

Grant paid staff include: Program Director, Therapist, Recovery Specialist, Peer Recovery Navigator, and a Certified Peer Support Worker; a SOAR (SSI/SSDI) Representative is paid from a State contract.

In the Amador Health Center Primary Care Clinic nearby we have three clinicians (NP/PA) with the X-DEA waiver to prescribe buprenorphine and a Psychiatric Mental Health Nurse Practitioner (PMHNP) and Prescribing Psychologist for medication management for persons with mental health conditions/disorders.

The Amador Health Center accepts both Medicaid and most private insurance. A sliding fee scale discount program and DAC Indigent Care payment are available to eligible persons.

The Amador Recovery Project may participate in shared-care management where the patient may receive MAT at another provider and case management/ counseling at Amador or MAT with case management at Amador and primary care or mental health services at another provider.